

RUNNING FOR MY RANK

Virtual Competition

Rules and conditions for participation

By virtue of my entering this virtual (on my own) running competition, I agree to, understand, and warrant that:

1. I am who I say I am, and I am the age I say I am (or who I will be supervising if under the age of 16), and will provide complete and truthful entry information
2. I will abide by all Park rules and regulations and be courteous and respectful of other park or school patrons
3. I will abide by all local, state, and federal laws
4. I will abide by all local, state, and federal COVID-19 guidelines, see: <https://web.csg.org/covid19/state-covid-19-websites-and-related-resources/>
5. I, and/or whoever I may supervise, am/are in good running shape and physically prepared to participate in this competition, and have no reservations about doing so
6. I alone will be responsible for any injuries to myself or who I may supervise, and will not hold any park, school, or event officials responsible for injuries, damages, or losses to person or property by my participation
7. I will inspect and or practice on the course prior to my run to confirm its acceptable layout, run ability, and safety
8. I will limit the number of other persons with whom I run to one and keep the distance between us to a minimum of 6'
9. I understand that a breach of any of the above rules and conditions, and or any untruthful or inaccurate information I submit with this entry will disqualify me or who I may supervise from participation or receiving a rank, and may be grounds for ejection from the park or school property.